

Mid Canterbury Tennis Annual General Meeting 6 August 2018 – Coaches Report

Reflecting back over the 2017 – 2018 season, it has been a great season and I have enjoyed working with our players, Mid Canterbury Stakeholders and Canterbury Stakeholders in the delivery of our various coaching programmes.

Hot Shots Coaching

We continued to deliver the revised Hot Shots programmes at the red, orange and green level for beginner and intermediate level players. As a result of the marketing effort and good timing of the Hot Shots in Schools programme we were able to grow the number of participants significantly. In term 4 of 2016 we had 100 participants and in term 4 2017 we had 130 participants. As a result we have been able to increase the number of junior interclub teams from 17 to 20. So far we have had 167 participants in the 2017/2018 season and hope to further increase the number of junior interclub teams.

Hot Shots in Schools Programme

We again secured funding from Canterbury Tennis for the Hot Shots in Schools programme. We had to decrease the number of sessions delivered as the funding was less than on previous years. Nevertheless we still managed to deliver the programme successfully and by using a targeting approach to the age groups we offered the programme to, together with excellent marketing materials we were able to foster an interest in tennis which was reflected in the increased number of juniors we had registering for our Hot Shots Coaching programmes.

Hot Shots Coaches development

As a result of the increase in the number of Hot Shots Participants, and to ensure sustainability of the delivery of the programme as some of our coaches moved on from school to university or full time employment this was a key focus area for the year. 5 new coaches have attended the first tier coach development programme and will continue their development through close mentoring by myself and other coaches. I would like to thank the board for subsidising the fee for the programme which made the programme more affordable for the participants and ensured we could grow our capacity suitably. Coach development and mentorship will be an ongoing focus area for the coming year.

School Holiday Tennis Camps

During the school holidays we offered tennis camps to participants in the Hot Shots Programme. These were well supported with an average of 30 participants attending daily.

ASB ACE Programme

We continued with the delivery of the ASB ACE Programme and again saw players compete and attain good results in National and other tournaments throughout New Zealand. We have aligned the programme with Tennis New Zealand's new focus to create a stronger culture of competing amongst the ACE players.

Again we had expert input sessions from Shaun Clarke (Physiotherapist) and Matt Meredith (Tennis Canterbury Regional Coach). A key focus area was to ensure we saw an increased number of players

participating in the programme through winter, and emphasis has been on it being an all year round programme for these players.

Adult Coaching Offering

This year we introduced an adult coaching offering. Various groups were structured to cater beginner through to more advanced players. In addition a morning ladies group was started. All of these sessions were very well supported during the summer months and the ladies morning group has continued with their sessions through winter.

General Comment

Once again I would like to express my sincerer thanks to our team of coaches and volunteers who have supported the successful delivery of our coaching programmes throughout the year.

I am looking forward to working with all the stakeholders in Canterbury Tennis, at our regional clubs as well as in the broader Canterbury region to ensure the continued delivery of our programmes at a high level of excellence.

Signed: Andre van Rooyen – Head Coach Mid Canterbury Tennis