

Mid Canterbury Tennis Information

Mid Canterbury Tennis is a Tennis sub Association [not a Tennis Club] & is located at the Ashburton Trust Tennis Centre, Oak Grove, Ashburton. There are 16 plexipave courts which are open for public use by paying \$2 per person at the turnstile. Second hand tennis balls can be purchased from the ball dispenser just inside the gate for \$2 pair.

There are eight active tennis Clubs in the Mid Canterbury area. As a sub Association, Mid Canterbury Tennis organises & manages Interclub tennis, tournaments, reps & various social & competitive competitions on behalf of the local tennis Clubs.

There are also various coaching programmes available for all ages & abilities.

Hot Shots

The Hot Shots Tennis Coaching programme is held all year round during the school term. The number of weeks the coaching programme is offered varies per term.

The programme is divided into three groups, Red, Orange & Green and the children are registered for the group depending on their age & ability level. The programme is designed to cater to all age groups and ability levels and the children will move from group to group until they progress to play Interclub on Saturday mornings.

Each child is assessed throughout the programme & information is distributed at the conclusion of each term recommending the progression for your child.

There is a notice board placed inside the gate entrance each lesson, please ensure you read this as you come in each week, for up to date information during the term.

Red Group – lessons are 45 mins

The focus of these lessons is on developing fundamental motor skills and hand eye co-ordination through fun games & ball/racquet exercises for players aged 5 to 8 years.

Orange Group – lessons are 45 mins

Structured for graduates of the Red Group and other 8 to 10 yr olds new to tennis, these lessons introduce players to basic stroke technique & ball/racquet control through target hitting, drills & fun games.

Green Group – lessons are 1 hr

For graduates of the Orange Group & others new to tennis [11 yrs +], the focus is on all aspects of tennis including footwork, basic tactics & point play with an emphasis on having fun.

Interclub Prep Group – lessons are 1 hr

In Term 3 each year we run an Interclub Prep Group in place of the Green Group. This coaching group is for graduates of the Orange group and those intending to play Interclub the following term. Coaching covers serving, scoring, line calls & match play scenarios.

Children who have played Jnr C Interclub in previous seasons are also invited to this coaching squad to prepare for the upcoming season.

Children can register for one or two lessons per week with a discount offered for attending twice weekly.

During the last couple of weeks of coaching your child should be handed a registration form for the following term with the recommendation for next term highlighted on the form. If your child doesn't receive a form or is absent at the end of the term, please contact Mid Canterbury Tennis on 308 3020.

Wet Weather

In the event of postponement due to weather, a message will be placed on the Mid Canterbury Tennis answer machine ph 308 3020 at approx. 2.30 pm. A notice will also be posted on our Facebook page [Mid Canterbury Tennis]. Please check if you are unsure if coaching is on.

Any sessions which are postponed will be made up at the end of the term.

Coaching Camps

Tennis Excellence run Tennis Coaching Camps during the school holidays [with the exception of the July School holidays].

Information regarding the Tennis Excellence Coaching Camps is distributed prior to the School Holidays and will also be available on the Mid Canterbury Tennis website.

Private Coaching

Tennis Excellence also offer private coaching for either groups or individuals. For further information or to book lessons please contact Andre van Rooyen, mob 021 032 0169

Junior Interclub

Junior Interclub tennis is played on Saturday mornings Term 4 & Term 1 & is played at either Club courts or the Ashburton Trust Tennis Centre. There are three grades Jnr C, Jnr B & Jnr A and teams are made up of four players who each play a singles & a doubles match. Players must be registered to a local tennis Club [Information on Clubs & contact details are listed on Mid Canterbury Tennis website] to play Interclub.

Further information regarding Junior Interclub, local tournaments & Rep tennis can be found on the Mid Canterbury Tennis website: www.midcanterburytennis.co.nz

ASB Ace programme

This is a high performance coaching programme offered to those children who show exceptional potential. The programme is by invitation only & is run year round & depending on the squad is either once or twice a week. Once invited, children & their families must commit to the coaching programme by signing a contract & must meet the obligations & commitments of their squad each term.

If you have any questions regarding tennis for your child, please don't hesitate to contact either Katherine McDonnell, Mid Canterbury Tennis Administrator [mornings] or Andre van Rooyen, Mid Canterbury Tennis Head Coach on ph 308 3020

www.midcanterburytennis.co.nz