

# COACHING REPORT TO MID CANTERBURY TENNIS AGM

3 August 2015 – Season 2014- 2015

The many coaching programs offered over the season included, Asb Ace program/ junior development for non-ace players, Hotshots Schools program, , Hotshots minitennis/ Junior Rep teams, coach support at various tournaments and rep matches, one on one coaching, and the organising of programs/ preparation-overseeing/ of weekly lesson for junior coaches.

Schools programme was rebranded to “Hotshots Schools Tennis” a TNZ initiative, with 21 primary schools visited during Terms 3 or 4. A total of 114 hours, with 1785 children. Clubs local to the visited school were encouraged to provide helpers. This gave them an opportunity to promote their club and work with prospective club members.

“Hotshots” mini-tennis was held on Monday & Friday afternoons, during Terms 4 and Term 1 ( 210 players). Our top juniors became coaches to run the fun sessions for our budding new players.

Asb/Ace squad coaching has gone from strength to strength. We provided on and off court sessions, off court run by Physiosteps (Ashburton) on injury prevention – 2 sessions held during the year. Several players also now attend Canterbury Tennis sessions indoors in Christchurch. Many competed in National and other tournaments all around the country with great results. The squad size sits around the 65 - 70 players.

Coaching sessions were offered to players not involved in the Asb ace program. School holiday numbers were a little disappointing, however I put that down to all the other coaching activities now available weekly.

Our Junior rep teams perform extremely well, particularly in our strength areas of 10s – 12s. From 14s upwards our depth is affected by players attending boarding schools, but this is something that we are now accustomed to.

10s Wilding Challenge teams – a competition run by Canterbury Tennis held Sunday mornings in term 2. Country team is a representation of Ellesmere, Malvern and Mid Canty players – 5 boys & 3 girls. Last June we were runner-up, and this year runner-up again after going through the round robin unbeaten. Mid Canterbury players feature heavily in the team make up. Over the last 4 years I have been appointed coach & had the pleasure of working with these cool under 10s.

It is great to hear that one of our Junior Development coaches Stacey Hopwood gained her TNZ Junior Development Coach Certification – this year she is attending university.

Finally I believe we have the right coaching progression plan in place for our players to succeed to the level they wish to aspire to. A big thanks to all the “assistant” coaches in schools, Hotshots, Asb ace, school holiday, after school sessions, to Laurel (Junior Convenor) and the Management team

Chris Anderson – TNZPC Competition Coach

29.7.15